

# CVUU Monthly News

ADMIN & COMMUNICATIONS PUBLICATION



MARCH 2020

ISSUE 26

## Save the date for skills workshop

Save the date for Saturday, March 14th, from 9 a.m. to 2 p.m., for a Leadership Workshop led by Howard Adams, Ph.D.

Some people may be “born leaders,” but for the rest of us, leadership involves a set of skills that we can learn and continue to improve throughout our lives.

Come join Rev. Justine and long-time member Dr. Howard Adams for a day of learning about and practicing the skills involved in leadership.

Who should attend? All current leaders – board members, committee chairs, committee members, and everyone who would like to be more effective as a leader at CVUU and elsewhere in your lives. RSVP by emailing Rev. Justine at [minister@c-vuu.org](mailto:minister@c-vuu.org) and include any dietary restrictions/requirements (light lunch will be served). Childcare available upon request by March 1st.

## A Word from Rev. Justine Sullivan

*Fair Daffodils, we weep to see  
You haste away so soon;  
As yet the early-rising sun  
Has not attain'd his noon.*

~ Robert Herrick

Dear CVUU Members and Friends:  
At our recent congregational meeting, we received an update from your Ministerial Search Team. While official offers cannot be made (or the name of candidates announced) until April 2nd, the search team let us know that they have a strong first choice candidate and feel confident that they will have a candidate to present to the congregation. **Save the dates: Sunday, April 26 through Sunday May 3 as the likely dates for candidating week.** That's when the ministerial candidate comes to CVUU, preaches on that first Sunday, April 26, and spends lots of time with all kinds of groups at a variety of gatherings, offering everyone a chance to get to know the candidate. There will be pot-lucks and storytelling, time with committees, parents, teachers, choir members, time for everyone to spend some time with the minister the search team is presenting to CVUU. The candidate will preach a second sermon on Sunday, May 3, and after that the congregation will meet to deliberate and then vote. This is not a pro forma vote, but an

important time of discernment and discussion. Folks should ask questions of the search team and raise any concerns or wonderings they have so that by the time the vote is taken, everyone feels ready to make an informed decision. I have great faith in your search team and believe that they listened well to you and heard your hopes, dreams, worries, and ideas about what kind of person could best serve CVUU as your called minister. The hard part is the waiting, but you're almost there, Dear Ones!

And alongside of the excitement about the progress of the search for your new minister comes a deeper realization that our time together will be coming to an end in June. It was designed to be so. We entered into this interim time together willingly and in full knowledge that it would be brief, and yet I know that I will be very sad to leave you. And as I have felt your love for me and for Dale, I know that you will also be sad to say goodbye to me. Hard as it is, I wouldn't have it any other way. Wouldn't it be awful if we moved in and out of each other's lives without really connecting, without really



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**Vote your UU values**

The Virginia Primary, which is Tuesday, March 3, 2020, is one of 14 contests scheduled on Super Tuesday in the Democratic Party presidential primaries for the 2020 presidential election.

Be ready to vote! As Unitarian Universalists, we have a legacy of working to expand democracy and shape a world in which all people are free and flourishing. Support the "UU the Vote" effort, organized by the Unitarian Universalist Association and send a text - Vote Love to 51555!

And check out our list of 20 ways you can help:

<https://www.c-vuu.org/20-ways-cvuu-members-can-uu-the-vote/>

**Upcoming Youth opportunities*****Saturday, March 7<sup>th</sup>***

The CVUU youth group is scheduled to volunteer from 9 a.m. – Noon at the Foodbank of South Eastern Virginia located on Tidewater Drive in Norfolk. We will meet at the Foodbank. All those at least 12 years of age are welcomed to help. Please email Rayven

Holmes, our Youth Program Coordinator, at [ypc@c-vuu.org](mailto:ypc@c-vuu.org) for additional information on volunteering requirements.

***Teen Con – April 17<sup>th</sup> – April 19<sup>th</sup>***

In April, CVUU youth will be hosting a Teen Con called "It's a UU World." It's our inaugural teen con! Teens ages 13 -18 are allowed to attend. Registration is now LIVE! It's \$65 to register, an additional \$15 if your teen would like a T-shirt. We will be offering a handful of needs-based registration waivers. Please email [ypc@c-vuu.org](mailto:ypc@c-vuu.org) if you're interested in a waiver.

Register using the link below! We hope to see all of our teens there! Registration: <https://forms.gle/iVVc8LYMjHwCqSKPA>

**Give Electronically!**

Have you ever been sitting in service and thought... "Darn, I forgot my checkbook? I would really like to contribute to that, or buy something at Fair Trade, or I meant to bring a pledge payment today."

There is a solution! Download **GivePlus Church** from either

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# SAVE THE DATES



- **March 15 – April 15:** The Stewardship Pledge Campaign
- **Sunday, April 26:** Election Meeting after service of CVUU Officers, Directors and some committee members.
- **April 26- May 3:** Candidating week for our new Minister. The Minister will preach on each of those two Sundays with lots of opportunities for you to meet the candidate throughout the week.
- **Sunday, May 3:** The minister will preach a second sermon, and then the congregation will meet to decide together if this will be your new minister.
- **June 7:** The CVUU Annual meeting after the service. We will be discussing the adopting the FY2021 CVUU Operating Budget.

**Cont. from page 1**

mattering to each other? It will be hard to say goodbye, but my gratitude for this time that we have had and have outweighs any sadness. Over the next few months, we will continue our work on conflict engagement. Just as we grieve the people we love, we also fight for and about the things that are important to us. The goal is not to stop fighting, to eliminate conflict; the goal is to engage one another openly and honestly and with compassion. Look for some compassionate communication practice groups to start soon.

It is no accident that all around our UU faith, March is a time for financial stewardship. That is mainly because many of our congregations have a fiscal year that begins in July, so March is when it makes sense to develop the next year's budget. But less pragmatically, I like to think that we conduct stewardship drives in March because spring is the time for planting seeds and imagining a beautiful and bountiful harvest. What beautiful flowers and nourishing vegetables and delicious fruits can we dream into being and plant and tend together? It takes all of us to make this garden grow. The stewardship team will announce a financial goal, the amount that our finance team believes we need to raise in order to meet our expenses, but I have two other goals in mind. My first stewardship goal is that everyone participate in this year's campaign. Every member or regular attendee filling out a pledge form with their pledge for the year (or checking the box that says you need a waiver from pledging for this year; requesting a waiver is still participating). I want us to hear from everyone. Everyone. My second goal is that we complete this year's stewardship drive within the allotted time. This year we begin our stewardship drive on March 15 and end by April 15. I can't emphasize strongly enough how important this schedule is. As a non-profit organization, we must pass a balanced budget at our annual

meeting – this year that meeting will be on June 7. With the vast majority of our expenses being covered by pledges, having that final pledge total is critical to producing the final budget that is voted on by the congregation. Even though we \*know\* people always come through in the end, the budget is based on actual pledges in hand. Last year, the finance team had to make significant cuts to the budget based on actual pledges received and then was able to restore those cuts once the later pledges came in. That meant reworking the budget and a fair amount of angst for our leaders. If you are one of those who tends to wait until the last minute, I am asking you to make your pledge earlier this year. You can always adjust it up or down later, but having everyone's pledge by April 15th will make the budgeting process go much more smoothly and will reduce the stress on your amazing leaders. Also, won't it be wonderful to have this pledge drive all wrapped up before your ministerial candidate comes here for the week of April 26 - May 3? Can we count on you?

As we enter this sacred time of Lent and the coming of spring, I find myself sitting with both worries and wonder: worries about this latest health scare and the US government's response to it, worries about the environment, about violence between people and against mother earth. But I am also filled with wonder: wonder at the beauty of this earth, at the love between people and the capacity for love and acceptance and curiosity and compassion to change hearts and minds. Let us continue this journey together, holding the worries, grieving the losses, and celebrating the many gifts we offer and receive in this community of faith.

In faith,  
Justine Sullivan

**Interim Minister, CVUU**  
**C 508-662-0279**  
**[Minister@c-vuu.org](mailto:Minister@c-vuu.org)**

# February Birthdays

Happiest of wishes to Rob Curran—3/1; Eleanor Larocco and Anthony Zampi—3/5; Ana Mercogliano—3/7; Maxine Fetterly and Ed Welp—3/8; Lisbet Dula and Louann Van Pelt—3/9; Jonas Applegate and Max Marsh—3/16; Oliver Griffin—3/17; Tret Fure—3/18 Rene Navarra-Davis—3/19; Bria Bond—3/20; Dylan Pryor—3/21; Leo Sobol—3/23; Sophia Chappell—3/27; Howard Adams, Mya Black and Judith St. George; Tyler Smith—3/30 and Henry Zagraniski—3/31.



## March Services

**We offer a weekly service every Sunday at 10:30 a.m.:**

- March 1** — “Learning about El Salvador,” with Rev. Justine Sullivan
- March 8** — “Rising Green: Springing Ahead,” with Rev. Justine Sullivan
- March 15** — “Generosity as a Spiritual Practice,” with Rev. Justine Sullivan & the Stewardship team
- March 22** — “Counting our Blessings,” with Rev. Justine Sullivan
- March 29** — “Humanism in Our UU Faith,” with Rev. Justine Sullivan

*Our services weave together our experiences with music, beauty, poetry, and words that both comfort and challenge. Our programs for all ages inspire us, and awaken us to our capacities to make a difference in our lives and in the world.*

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the Apple App store or Google Play to your smartphone. Search for: Coastal Virginia Unitarian Universalists, select us as your church of preference.

Choose what you would like to donate to or purchase: Pledge, Special Collection, Concert Tickets, Fair Trade.

Set up your account with your bank account or credit card and save preference. Pick an amount and send anytime it suits your fancy!

Details: <https://giveplushelp.vancopayments.com/>

### Lenten Bible Study

The Christian tradition of Lent, a 6-week religious observance (Feb. 26 - April 12) leading up to Easter, typically involves fasting and other types of self-denial. For UUs, Lent can be a time of intention and shared spiritual practice instead. Feel free to join in our Lenten Bible Study, led by Rev. Justine Sullivan and Beth-Ann Dick. The group is meeting 9:30 a.m. to 11 a.m. Saturdays through April 11th in the Meditation Room, #207.

Remember, you don't have to identify as Christian or theist to be interested in a study of the Bible as sacred text.

More details here: <https://www.c->

[vuu.org/lenten-bible-study/](http://vuu.org/lenten-bible-study/)

### Save the dates for plant sale!

Could you use some flowers or herbs for your home garden? Join us for our Annual Plant Sale at CVUU!

We will have a variety of your favorite plants, ornamental and herbs, for sale in the courtyard (adjacent to the sanctuary entrance) from 9 a.m. - 2 p.m., Saturday and Sunday, April 4th and 5th.

Ken Saucer will be the lead yard gnome for this fundraiser and he is looking for volunteers to help out with the sale. If you are interested, contact Ken for more details: [saucer.ken@gmail.com](mailto:saucer.ken@gmail.com).

### Parking Challenge!

Our parking lot fills up quickly each Sunday. Help us make room for one more and consider arriving early and parking at Tidewater Finance around the corner at 6250 Indian River Road - it's just 1/4 mile walk to CVUU. FYI, we have an agreement with the Tidewater Finance owners - no fear of being towed!

You can also park on the lane between Drift Tide condominiums and the 809 street entrance. We are using BOTH sides.

If you have mobility issues, please use the indicated handicapped parking; you can use the second row spaces if you don't have a sticker.

## Beloved Pets of the Month



**From left:** Meet 6-year-old Libby and her new baby brother Boomer! Boomer has been very busy taking classes to learn how to be a very good boy. Libby and Boomer are the spoiled pooches of CVUU member Barbara Perry Gelzer.

# CVUU's stewardship campaign kicks off for 2020

If you are member of CVUU you will be receiving your annual "Pledge Packet" in the mail this week thanks to our Stewardship Team.

Kudos to this year's chairman, Eric Sullivan, and his team members: Ellie Fetterly, Mark Fetterly, James Hutcheson, Joe New, Rob Curran, Perry Duncan, and Rev. Justine Sullivan.

Last year we "took flight" and strengthened our commitment to our new church home. Proof that when we pledge to sustain what we love, we reap the benefits of a beloved community that helps us live our values. As we head into the second full year in our new home, we continue to welcome new members and visitors into this religiously liberal community of faith.

This year's Stewardship theme is "Gaining Altitude by Building Community." Let's all do our part to help keep CVUU aloft and moving toward a bright future!

Our budding congregation is abuzz with activity day or night. Music groups rehearsing, covenant circles sharing, and yes, committees meeting. Book groups, meditation groups, even knitting groups are now enjoying our expanded space. And through NEST (Norfolk Emergency Shelter Team), we once again provided warmth, food and shelter for a week for



those who often struggle for basic survival. This is the congregation you support with your generous pledge each year.

The Finance Committee has set a pledge goal of \$425,000 for fiscal year 2020-2021. With your help, we can provide continued funding for:

- ◆ Our building, utilities, and maintenance
- ◆ Programs to help our community
- ◆ Ample reserves for contingencies
- ◆ Our mortgage payments
- ◆ Welcoming a new settled minister

Go to our website for details on how to make your pledge:

<https://www.c-vuu.org/connection-2/donate/>

## UP, UP & AWAY! THE ANNUAL STEWARDSHIP LAUNCH DATE IS **MARCH 15<sup>th</sup>** - "Commitment Sunday"

Last year we started "Taking Flight!"  
This year we are... **Gaining Altitude!**

- **The Growth is Exciting and the Energy Contagious**
- **KEY REQUIREMENT: Strong Flow of Fuel to Fire the Burner**

**MORE DETAILS AND PLEDGE PACKETS COMING SOON!**



Coastal Virginia  
Unitarian Universalists

### Buddhist Affinity Group

March 9th at 7 p.m.  
Meditation Room #207



Hampton Roads' 3rd Annual  
Transgender Day of Visibility

**Visibility Now!**

March 28, 2020  
11 AM - 5 PM  
Mills-Godwin Building, ODU

# Keep your eyes on upcoming legislation

CVUU's Environmental Initiative legislation team is striving to update its positions on environmental legislation nearly every week since the General Assembly convened.

With only a few weeks left in this General Assembly, they urge us to concentrate on **The Virginia Clean Economy Act (VCEA) (HB1526/SB851)**.

We want the House and the Senate to agree on a single bill (not different ver-

sions). Both versions would significantly cut greenhouse gas emissions. Moreover they both would promote solar energy. In fact they could directly benefit our congregation by expanding opportunities for power purchasing agreements for solar energy. Either



version of the VCEA would be an improvement over the status quo.

## ACTION:

Ask your state representatives to support a strong **Virginia Clean Economy Act (HB1526/SB851)**. To find your state representative, go to [whosmy.virginiageneralassembly.gov](http://whosmy.virginiageneralassembly.gov). For information about any bill, go to <http://www.vcnva.org/bill-tracker/>

## Help us support the Moral March on Washington, D.C. this June!



This month's Second Sunday offering will go to our new CVUU affiliate, the Poor People's Campaign in Hampton Roads.

Your offering will help pay bus fare and food for the low income Hampton Roads residents joining other Campaign supporters, including CVUU members, attending the June 20th Mass Poor People's Assembly and Moral March on Washington, D.C.

Rally buses from multiple Hampton Roads locations will transport attendees to the U.S. Capitol to demonstrate the collective power of poor and

low-wealth people. We will march with thousands of others from across the nation to demand that both major political parties address the interlocking injustices of systemic racism, poverty, ecological devastation, militarism and the distorted moral narrative of religious nationalism by implementing a Moral Agenda.

You too can get on a June 20 bus leaving the CVUU parking lot to join other UUs supporting the Campaign.

Visit <https://rally.co/poor-peoples-assembly> to reserve a seat soon before prices rise.

## Novel IDEAS Book CLUB

MEETS THIRD WEDNESDAY EVERY MONTH

*Join our discussion!*

**6 p.m. March 18th**

"The Dinner"  
by Herman Koch



**CVUU**  
Coastal Virginia  
Unitarian Universalists

**CVUU Book  
Lovers pick for  
March 28th!**



## GETTING TO KNOW UU

**11:45 A.M. March 1st**

*If you want to learn more about our faith, this congregation, and how you can take the next step in getting to know us, join us for a brief, interactive gathering.*

*Just remain in the sanctuary when the service ends and we will connect with you!*



Coastal Virginia  
Unitarian Universalists

## GROUNDS WORK PARTIES

**Save the date:**

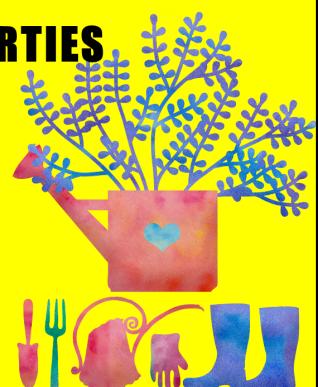
9 a.m. to 11:30 a.m.

**March 21st**

Contact Barbara Gelzer  
(757) 284-1880 or email  
[bpgelzer@cox.net](mailto:bpgelzer@cox.net)



Coastal Virginia  
Unitarian Universalists



# Hard Road Trio live in concert at CVUU

Join us for **Hard Road Trio** live in concert at CVUU at 4 p.m., Sunday, March 8th.

Enjoy an evening of original Southwestern acoustic music at the crossroads of Roots and Bluegrass music from the wide-open spaces of New Mexico.

Life-long musicians Steve Smith and Chris Sanders have captured audiences across the country with the depth of their songwriting and the power of their distinctive voices.

Anchoring down the groove is Anne Luna, who has appeared with April Verch, Spring Creek Bluegrass and recorded with Kenny Maines and Alan Munde.

Their music grows from Steve's love of bluegrass rooted in his native Virginia, the beauty of choral singing ever-present in Chris' Minnesota childhood and the tradition of music in Anne's New Mexico family. Together, their Southwestern blend of Bluegrass and Americana provides a unique heartbeat and lilt underscored by Anne's driving bass.

Buy your tickets after service in the Social Hall or purchase on our website:

<https://www.c-vuu.org/hard-trio-comes-to-cvuu/>

If you purchase online, tickets will be available in your name at Will Call in our Social Hall/Foyer the night of the concert.



## Sign up for Pathways to Membership class for March 22nd

A Pathways to Membership will be hosted by the Membership Committee and Rev. Justine Sullivan from 12-3 p.m. on Sunday, March 22nd.

The class offers visitors a chance to learn more about Unitarian Universalism and the fun and exciting activities at CVUU.

The decision to join is an important step in one's relationship with the church, signifying a commitment of financial support

and participation in the life and work of the congregation. The Pathways class is a great first step in that process!

If you haven't picked up a new member packet yet they are available at the Welcome Table in our Social Hall/Foyer.



We will provide childcare and a light lunch for the participants in Room #205 (upstairs). Guests interested in signing our Membership Book may do so, either in a public Joining Ceremony which occurs during the Sunday service on March 29th, or privately in the presence of a Director from the Board.

Contact our Membership Chair, Lisbet Dula to enroll in our class: [membership@c-vuu.org](mailto:membership@c-vuu.org)

## LET'S GO CAMPING

Join your fellow congregants & outdoor enthusiasts at Westmoreland State Park, Montross, VA on Memorial Day weekend this year! You can reserve a campsite at <http://reserveamerica.com/> but hurry, this park fills up quickly for Memorial Day (May 25th). There are camping sites & cabins available. Come for the whole weekend or just a part of it. If you have questions, contact Ken Saucer, phone 757-235-2322, [saucer.ken@gmail.com](mailto:saucer.ken@gmail.com).



# 'Overstory' is an eco-epic & love story all in one

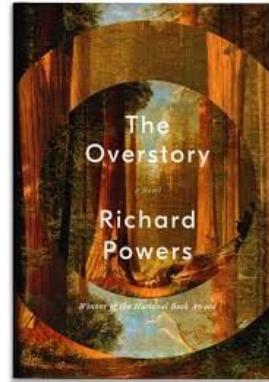
By Tracy Brune

"The Overstory," by National Book Award-winning writer Richard Powers is so unlike any novel I've ever read before. It's more like a dozen novellas wrapped up in a love story to trees and the mystical, sustaining grandeur of nature.

Winner of the Pulitzer Prize in 2018, the 500-page novel has been hailed as an eco-epic, an ode to activism, a story whose context is wider than human life and a book that will forever change the way you look at trees. It is all these things and more. From a UU perspective, it struck me that "The Overstory" is our 7th Principle writ large. You couldn't come away from this novel without a renewed and heart-breaking respect for the interdependent web of all existence of which we are a part.

The book is organized from the bottom up, just as a tree matures - roots, trunk, crown and seeds. Powers takes us through the lives of nine individuals with a keen connection to the natural world around

them and how that connection propels them to try and save what humankind has destroyed, what humankind cannot, will not see. This book will break your heart even while mending it. It will also be one of those books that makes you savor the elegance and art that great writing can be. You will want to dogear nearly every page and you will find yourself returning to your favorite passages just to enjoy rereading them; sentences like this one - *"The particle of her private self rejoins everything it has been split off from - the plan of runaway green."* Or this passage: *"But people have no idea what time is. They think it's a line, spinning out from three seconds behind them, then*



*vanishing just as fast into the three seconds of fog just ahead. They can't see that time is one spreading ring wrapped around another, outward and outward until the thinnest skin of Now depends for its being on the enormous mass of everything that has already died."*

While this is not a light read, its depth and heft will still hold your imagination and have you reading long into the night. And despite the dark truths it lays bare - that we humans are just bit players in a much larger and continuous sequence of birth and death, it will also comfort you with the mysteries of the infinite.

*"This is how it must go. There will be catastrophes. Disastrous setbacks and slaughters. But life is going someplace. It wants to know itself; it wants the power of choice. It wants solutions to problems that nothing alive yet knows how to solve, and it's willing to use even death to find them."*

Tracy Brune is CVUU's Communications Coordinator, an avid reader and member of CVUU's Novel Ideas Book Club.

CVUU's Valentine's Buddy Breakfast last month was a major success! We owe our thanks to all those who helped make it happen: the adult buddies who signed up and brought breakfast items in; all of the cooks and servers who pitched in, and the folks who helped set up and breakdown the activities, tables and chairs and cleaned up afterward. All our "little buddies" at CVUU got to know an adult from the congregation and the adult got to know a little bit about their little buddy!



## CHAIR YOGA

Mondays at 1:45 p.m.

All donations from Chair Yoga go to the Green Initiative



## Building Beloved Community #VoteLove in 2020

Text VoteLove to 51555 to subscribe to UU the Vote – get campaign updates, resources and more!



# March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9a Music Rehearsal 12p YAG's February Po 12p Nontheist 12:15p CVUU Women's	2 1:45p Chair Yoga 3p Sandwich Makers 6p Mindfulness & Medit	3 6:30p "Just Unwind" 7p Environmental Initial	4 6p The VUUpoints Ban 6p Yarmouth Chamber 6:30p Membership Meet 7p Choir 7p CREC Board Meetin more ...	5 6:15p MST 7p A Different Way: Livi	6	7 9:30a Bible Study 6p Stewardship Leader
8 9a Music Rehearsal 12:15p CVUU Women's 4p The Hard Road Trio	9 1:45p Chair Yoga 3p Sandwich Makers 6p Mindfulness & Medit 7p Buddhist Affinity Gr	10 6p Executive Committe 6:30p "Just Unwind" 7p Social Justice Comm	11 6p The VUUpoints Ban 7p Choir 7p Covenant Circle	12 6:15p MST 7p Girl Scouts	13 3:15p Covenant Circle 7p Girl Scouts	14 9a Developing Leaders! 9a Leadership Worksho 9:30a Bible Study 2p Navigator's
15 9a Music Rehearsal 12p DIY 12:15p CVUU Women's	16 1:45p Chair Yoga 3p Sandwich Makers 6p Mindfulness & Medit	17 6:30p "Just Unwind"	18 5:45p Novel Ideas Boo 6p Tidewater Master N 6p The VUUpoints Ban 7p Choir 7p Tidewater Master N	19 6:15p MST 7p Board of Directors M	20 9:30a Bible Study 5:30p Ostara	21
22 9a Music Rehearsal 12p Racial Justice Task 12:15p CVUU Women's	23 1:45p Chair Yoga 3p Sandwich Makers 7p Worship Services Cx	24 6:30p "Just Unwind" 7p Choir	25 6p The VUUpoints Ban 10a House Keeping Co 7p Choir 6:15p MST	26 7p Girl Scouts	27 7p Girl Scouts	28 9:30a Bible Study 12:30p Book Group Me
29 9a Music Rehearsal 12p YAG's March Potlu 12:15p CVUU Women's	30 1:45p Chair Yoga 3p Sandwich Makers 6p Mindfulness & Medit	31 6:30p "Just Unwind"	1 6p The VUUpoints Ban 7p Choir 7p CREC Board Meetin	2 6:15p MST	3 9a Spring Plant Sale 9:30a Bible Study 5p YAG's Lego's and a	4
5 9a Spring Plant Sale 9a Music Rehearsal 12p Nontheist	6 1:45p Chair Yoga 3p Sandwich Makers 7p Building Council	7 6:30p "Just Unwind" 7p Environmental Initial	8 6p The VUUpoints Ban 7p Choir 7p Covenant Circle	9	10 3:15p Covenant Circle 7p Girl Scouts	11 9:30a Bible Study 5p Cleansing 6:30p Wedding

## Planning an event? Things to consider:

Send current requests to Susie Gullixson at [office@c-vuu.org](mailto:office@c-vuu.org) or call (757) 627-5371.

When making a request, consider:

- ◆ Room(s) requested, allowing time for setup and takedown!
- ◆ Childcare needs – **Childcare is available Tuesday and Wednesday evenings from 6–8:30 p.m. and Sunday mornings.** It is the responsibility of each committee or organizer to arrange childcare directly with our Director of Religious Education, Paul Greggs at [DRE@C-vuu.org](mailto:DRE@C-vuu.org) for hours outside of the above times. It is **not** the responsibility of the Office. Forward your requests for childcare at least **four weeks prior to your event.**

- ◆ Contact name (with phone number and/or email address)
- ◆ Person in charge of locking up, sound setup requiring a sexton
- ◆ Parking needs (note if 'overflow' parking will be needed)

**Large Print Hymnals** are available at the table in the foyer.

**Hearing Amplification Headsets** are available at the sound booth in the back of the sanctuary.

**CDs of the service are available** for borrowing or for \$3 for purchase. Inquire at the sound booth in the sanctuary for CD recordings.

**If you stay late, please double check to see the building is secured!**

The weekly email, The CVUU Courier, is sent out Wednesday at noon.

- ◆ The deadline for the Order of Service newsletter is Wednesday and the deadline for CVUU Courier is Monday at noon.
- ◆ The deadline for the monthly newsletter is the 15<sup>th</sup> of the month. If you would like to place an ad for April your deadline is March 15<sup>th</sup>!

**\*Please Remember,** when advertising events to make sure to include BOTH Susie Gullixson & Tracy Brune. Send your media to [office@c-vuu.org](mailto:office@c-vuu.org) & [comm-coordinator@c-vuu.org](mailto:comm-coordinator@c-vuu.org)

For up-to-date news, check out our website: [www.c-vuu.org](http://www.c-vuu.org).