

# CVUU Monthly News

ADMIN & COMMUNICATIONS PUBLICATION



Coastal Virginia  
Unitarian Universalists

MAY 2019

ISSUE 16

## Rev. Pupke delivers dedication sermon at CVUU

Thank you for the honor of being asked to speak on this magnificent occasion in the life of this congregation. The connection between this congregation and First UU of Richmond is a strong one. We hope it will always remain so.

I hope you are filled with joy and pride today.

Because anyone who knew your long struggle to decide a future for the Unitarian Church of Norfolk has great reason to be proud of the new home of Coastal Virginia Unitarian Universalist.

There are so many people over so many years who have done so much as you have so beautifully recalled for all of us. In so doing you let us know how well you recognize the foundations you did not lay, drink from wells you did not dig.

That reading Walter shared comes from scripture found in Deuteronomy 6:10

It reads:

*And when the LORD your God brings you into the land he swore to your fathers, to Abraham, Isaac, and Jacob,*

*that He would give you  
—a land with great and splendid cities  
that you did not build,  
with houses full of every good thing  
which you did not fill,  
with wells that you did not dig,  
and with vineyards and olive groves  
that you did not plant  
and when you eat and are satisfied, be  
careful not to forget the LORD  
who brought you out of the land of  
Egypt,*

*out of the house of slavery....*

“Out of the house of slavery” bids that we remember it is very likely that long ago this land was cleared and planted by enslaved people.

The text reminds us that we are continue working for the liberation of all these many years later.

If you will allow me to indulge this scriptural metaphor a bit longer let me recall for you that the Israelites came out of Egypt first by crossing the Red Sea. A miracle they often recall as a sign of

divine blessing.

Your old Norfolk parking lot has on many lunar cycles reminded me and others of the crossing of the Red Sea. I

recall one late evening after a pastoral visit exiting the building and finding I needed to take off my shoes and socks to wade to my car.

You have done what was such a challenging thing...you have let go of what was, rethought yourself as a new identity, extended yourself to a larger number of people and spent yourself, quite literally, to see that this congregation could make a welcoming home for all who seek it and all who until now, never heard of Unitarian Universalism.

Anyone who has had a moment to take in the building and its surroundings can see you have built for future ages and you have done so realizing all the way,



**Rev. Jeanne Pupke**

Cont. page 2

# A word from Rev. Justine Sullivan

Wasn't that a time at our building dedication on Sunday, April 28th?! We began by acknowledging the native peoples who called Tidewater home long before the white settlers came here. We tried to thank the many people who gave of their time, talent, and treasure to make the move to higher ground a reality, and our guest preacher Rev. Jeanne Pupke continued that theme of honoring those who came before. For her sermon text, Rev. Pupke recalled the words of one of her mentors, the Reverend Peter Raible.

*We build on foundations we did not lay  
We warm ourselves by fires we did not light*

*We sit in the shade of trees we did not plant*

*We drink from wells we did not dig  
We profit from persons we did not know  
This is as it should be.*

Rev. Pupke went on to say that after this day of triumph and celebration, we should "let it go." We need to let it go for at least two important reasons: 1. That we should never confuse "the church" with the building. As beautiful as this new structure is, it is you who

are the congregation, and it is you whom new members are joining when they seek to join CVUU as members.

And 2. We need to "let go" of the focus on the new building because you all need to be one congregation, one Coastal Virginia Unitarian Universalists, where those who came before and remember the floods and the "old days" are mixed in right alongside of those who found their way to CVUU after the move. I have visited dozens of UU congregations over the past 20 years or so, and one of the biggest distinctions I have observed is that there are many congregations that will welcome visitors and invite them to watch the church members have a deep and meaningful experience. It is the rare congregation that can quickly and easily invite newcomers into the circle, to participate



fully in the experience, not just bear witness to that. We welcome newcomers fully, and I have seen you all do this well. We do that by holding the past loosely, not letting it go entirely, but holding loosely the parts that have to do with "the way we do things here." With each newcomer who wishes to enter fully into the life of the congregation, we are building a new way. From Peter Raible:

*Together we are more than any one person could be.*

*Together we can build across the generations.*

*Together we can renew our hope and faith in the life that is yet to unfold.*

*Together we can heed the call to a ministry of care and justice.*

*We are ever bound in community.  
May it always be so.*

It is a joy to serve as your minister in this interim time.

Blessings,  
Justine

**The Reverend Justine Sullivan**  
Interim Minister, CVUU  
RevJustineSullivan@gmail.com  
757-627-5371

## Cont. from page 1

that you had to rely on those who came before.

So if you feel pleased. Indeed our reading today introduces the perspective of the author when it finishes the list of the many things given by prior efforts. The foundations, the fires, the trees the wells are all inventoried and then the voice of Peter Raible comes in with this: **"This is as it should be"** Peter wrote as he turned to commentary.

The Rev. Dr. Peter Raible who wrote that piece knew his bible. He was the grandson and son of Unitarian Ministers. He was a renown preacher, a man who served many places but was known for his 38 year tenure as Sr. Minister of the University Unitarian Church in Seattle, one of our largest churches. But for those who knew him personally, they also know he nudged, and nurtured almost every smaller church in the Pacific Northwest to grow and

thrive. He would guest preach and run workshops, connive to see that the best Ministers were recruited to those churches, he would work tirelessly to improve the training of Religious Educators, Lay Leadership and most intently of all, to set the standards for talented Ministry and Ministerial formation. It was Peter who would let every Ministry Student know what the expectations were. New Ministers, one by one would be introduced to and left with Peter for the "talk." The talk made clear that we were working together for the future of the faith, building up UU congregations and their communities. Expectations were high and no one kept them more faithfully than Peter. Toward the end of his life, when he would not stop attending Ordinations far and wide for the new Ministers, or dedications for the new buildings, we ministers assigned people to "casually" offer

to drive him for fear his heart might fail him on his way home.

I was privileged to have a ringside seat for this last chapter as I was his last Intern.

This is as it should be, says Peter.....

And here he continues with a theology of why we should keep building, keep warming ourselves by those fires and eating the fruits of those trees. He writes:

*Together we are more than any one person could be.*

*Together we can build across the generations.*

*Together we can renew our hope and faith in the life that is yet to unfold.*

*Together we can heed the call to a ministry of care and justice.*

*We are ever bound in community.  
May it always be so.*

**Novel Idea Book Club open to all**

NIBC will have it's first book discussion on Wed., May 8th at 6 p.m. on the 3rd floor. They will discuss "Becoming," by Michelle Obama.

For any readers interested in participating, RSVP to organizer Suzanne Ludwick at [ludwickfamily@gmail.com](mailto:ludwickfamily@gmail.com).

NIBC meets the third Wednesday of each month from 6 p.m. to 8 p.m. Their next meeting is June 19th to discuss "Stony the Road: Reconstruction, White Supremacy, and the Rise of Jim Crow" by Henry Louis Gates Jr.

This long-overdue history book recounts the struggle by African-Americans for equality after the Civil War and the violent counter-revolution that resubjugated them, as seen through the prism of the war of images and ideas that have left an enduring racist stain on the American mind.

**Save the date for May Work Parties**

CVUU's Grounds Committee is looking for helpers next month on two Saturdays, May 11 and 18<sup>th</sup> from 9 to noon.

Volunteers will be helping with a few grounds-keeping tasks, such as:

- Laying cardboard around the HVAC units at south and east sides of church to control weeds; concealing with mulch.
- Removing/ skimming Bermuda grass

with sharp shovels.

- Trimming back azaleas at entry and in the grove
- Trimming the pump house Chinese privet and pyracantha, if needed
- Picking up trash along frontage of Military Hwy.
- Cutting English ivy that is growing up trees
- Tagging poison ivy with flagging paint and signal flags

If you can help, please contact Anne Odell, at [afodell@outlook.com](mailto:afodell@outlook.com) or Barbara Gelzer at [bpgezelzer@cox.net](mailto:bpgezelzer@cox.net).

**CUUPS cancels Saturday celebration**

The Beltane open ritual, maypole and potluck celebration scheduled for May 4th has been canceled. The next planned CUUPS event is for 6 p.m., Saturday June 22, 2019. Join us for our next ritual and potluck - details to follow!

**Tai Chi coming to CVUU!**

Mark your calendars for a spring and summer session of Tai Chi - May 7 to July 23 and July 30 to Oct. 15.

The 12-week sessions will be held on the 3rd floor on Tuesdays. Organizers will hold the classes as follows for the first week:

- 10:30 a.m. to 11:45 a.m. for Beginners Class
- 11:30 a.m. to 12:30 p.m. Open Prac-

... (for those who have taken this form of Tai Chi before)

Starting May 14th, classes will meet as follows:

- 9:30 a.m. to 11:00 a.m. for Beginners Class
- 11:00 a.m. to 12:30 p.m. Open Practice (for those who have taken this form of Tai Chi before)

The cost: First-time Beginning Senior (60+)/Student (13-17, 18+ with student ID) \$110 for 4 months, which covers 3 months of beginning class and 1 month of open practice First-time Beginning Adult - \$140 for 4 months, as above Tai Chi is an ancient Chinese tradition that is practiced today as a graceful form of exercise. When you sign up to take a class, you become a member of the Taoist Tai Chi Society, the largest, non-profit organization in the world that teaches Tai Chi. You can take Tai Chi in any place that they offer classes. All their teachers are volunteers. People of all health backgrounds benefit from Tai Chi. They also have a seated set of Tai Chi.

Come to the first class just to try it out! If you have financial constraints, we can ask our local branch for a fee reduction.

Anyone interested is welcome to join later in the session. Contact [Office@cvuu.org](mailto:Office@cvuu.org) if you are interested.

Cont. page 4

**MAY 8**

**JUNE 19**

**JULY 17**

**AUG. 21**

**SEPT. 11**

**OCT. 9**

**\*NOV. 13 - Discussion and screening!**

**Kitchen Committee has fun in store!**

The Kitchen Committee’s first cooking class last month was a fabulous success! Their second class, planned for May 25th with Fred Osgood and Jimmy Luttrell, has sold out.

Fred & Jimmy will offer a Vegan Primer on how to embrace the vegan lifestyle. If you wish to be added to the waiting list in case of cancellations, contact Julie Hurst – [jbhurst@cox.net](mailto:jbhurst@cox.net).

Our Kitchen Crew has plans for many more events in the near future, so mark your calendars:

- **New Orleans Jazz Brunch in late September** (date TBD) with Leo Bevon.
- **Simply Divine Holiday Entertaining** with Susie Gullixson and Michael Toepper in early December (date TBD).
- **"Brewmeister vs. Burgermeister" challenge** this summer.
- **Harvest Moon Blind Wine Tasting** for October.

**Family Paddle Trip set for May 18th**

Save the date, from 9- 3 p.m. on Saturday, May 18th, for a CVUU Family Paddle to Lake Drummond at the Great Dismal Swamp headed up by our DRE Paul Greggs.

Bring a bag lunch and plenty of water to

drink. Paul has boats to loan. There is a second paddle trip planned for July 13, also to Lake Drummond at the Great Dismal Swamp. Contact Paul at [DRE@c-vuu.org](mailto:DRE@c-vuu.org) to RSVP and for more details.

**Art opening set for May 3rd!**

Friday, May 3rd, is the art opening and reception in our CVUU gallery of “Blue Heron Sumi E Society’s Naturescapes”, 6-7:30 p.m.

The Blue Heron Chapter of the Sumi-E Society of America, Inc., is a non-profit educational organization founded in 1988 to foster an appreciation of East Asian brush painting techniques through workshops, lectures and exhibitions. Wine, cheese and appetizers will be served. The show is open to the public. The art pieces will remain on exhibition through June 20. To learn more about the Sumi-E Society, go to: <https://blueheronsumie.org/>

**Join the team for Clean the Bay Day**

The 31st annual Clean the Bay Day, a true Virginian tradition, is Saturday, June 1st from 9 a.m. to noon.

CVUU’s DRE Paul Greggs is the Clean-the-Bay-Day site captain for Lakewood Park. CVUU is using boats. Paul has canoes and

kayaks for loan. All he requests/requires/ demands is that you must wear a PFD if you use his gear.

Contact Paul if you want a boat. To register with City of Norfolk for the Clean the Bay contact: <https://www.cbf.org/.../clean-the-bay-day/city-of-norfolk.html> Find Lakewood Park on their locations list and register yourself. Your information will be sent to the coordinator for that location (Paul), who will get back to you with details about your specific site. Come prepared to help pick up litter and debris! All clean-up supplies will be provided.

**Students to host talent show at CVUU!**

Blue Sterner and Kenzie Stinson, eighth graders at Old Donation School in Virginia Beach, are planning a benefit talent show on June 1st at CVUU.

The talent show is part of their “Capstone Project” at Old Donation. Every eighth grader is required to design a project that makes a difference in their community. Blue and Kenzie’s talent show project aims to help students, ages 6-12, find their talent.

Funds raised from the talent show will be donated to the World Wildlife Federation. Look for more details in our next newsletter.

# MAY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
9a Chalice Camp Comn 11:30a Racial Justice 12:15p CVUU Women's	1:45p Chair Yoga 3p Sandwich Makers	7p Worship Service Col	6:30p Civilian Police Ac 7p Choir 7p CREC 7p Membership Meeting 7p Navigator's Board M	7p Thursday Covenant 7p Committee on Minis	6p Art Reception	3:45a YAG service rehe
5	6	7	8	9	10	11
12:15p CVUU Women's	1:45p Chair Yoga 3p Sandwich Makers	10:30a Tai Chi - Beginn 11:30a Tai Chi - Open F 7p Environmental Initial	6:30p Civilian Police Ac 7p Choir		3:15p Covenant Circle 7p Girl Scouts	2p Navigator's
12	13	14	15	16	17	18
12:15p CVUU Women's	1:45p Chair Yoga 3p Sandwich Makers 7p Buddhist Affinity Gro	10:30a Tai Chi - Beginn 11:30a Tai Chi - Open F 6:30p Social Justice Cc 7p Executive Committe	7p Choir	7p Board of Directors M 7p Thursday Covenant	7p ENM Discussion Gr	7p Fundraising Concert
19	20	21	22	23	24	25
9a Chalice Camp Comn 12:15p CVUU Women's	1:45p Chair Yoga 3p Sandwich Makers	10:30a Tai Chi - Beginn 11:30a Tai Chi - Open F	7p Choir	7p Program Council	7p Girl Scouts	12:30p Women's Book 6p Vegan Cooking Clas
26	27	28	29	30	31	1
11:30a Racial Justice 12:15p CVUU Women's	1:45p Chair Yoga 3p Sandwich Makers	10:30a Tai Chi - Beginn 11:30a Tai Chi - Open F 2:30p Landscape Comr 7p Wall & Art Committe 7p Worship Service Col	6:30p Civilian Police Ac 7p Choir			

## CVUU'S POETRY CORNER

### My Religion Is Yellow

by Sheila Dinwiddie

My religion is yellow, hot generous daffodils after a miserable winter. My religion is photosynthesis.

My religion is children with their soft shelled freedom and sex with its giddy and welcome interruption to my religion which sits alone watching the ecology crumble.

My religion is memories, mine and everyone else's; has not always been but is now order, as onto canvass from within the artist. My religion is immediate.

My religion watches the color retreat from my hair and shudders; or something on top of my religion shudders.

My religion smiles at strangers, speaks too frankly for anyone's comfort, even my religion's.

My religion bows to little braveries: spit wads, recycling, pink hats, voting third party, jogging.

Cigarettes are not my religion—alcohol, grease, sugar, red meat are not my religion — they are my habits.

My habits are stronger than my religion. My religion is remorse.

Envy, jealousy, loneliness, are not my religion: they are my fears

Therapy is my religion: family systems, gestalt, rogerian. My fears are holes in my religion.

Roofs are my religion — pointed ones — and restaurants.

Food is my religion: fixing it, growing it, eating it, offering it, accepting it.

My religion is mending and the mender.

My religion is women — and

men — full of tenderness, spunk, forgiveness.

Poetry is my religion which is everything.

**Sheila is a longtime CVUU member and "Kitchen Table Poet."** *Sheila penned this while working with area homeless and NEST (Norfolk's Emergency Shelter Team).*

### U.U. Haiku

By Harvey Edward Jones

*Preface: Haiku is a form of Japanese poetry written in three lines of five—seven—five syllables each. Each poem invokes a word, picture or idea. Many haiku poems have to do with nature. The first three were written for one of our outdoor services in the park. Collectively, I call them "Ode to Summer." Beginning with a line from my favorite hymn, they represent morning, midday and evening of a single day:*

Morning has broken;  
Night creatures are now sleeping.  
A new day begins.

A glorious day  
Filled with raindrops and bird-song;  
Nature's symphony.

Stars brightly shining.  
Dashing, flickering fireflies  
Paint the summer night

**\*A morning sunrise service at the beach brought this poem to mind:**

Dolphin silhouettes  
Against an Eastern sunrise.  
A beautiful dawn.

**\*These two were written for our Covenant Circle as we light and extinguish the chalice:**

We come together  
To learn about each other  
In a friendly way.

We depart this room  
Knowing that what was said here  
We will not repeat.

Cont. page 6

## BACK TO NATURE

Untouched forest, we know it when we see it. A stand of hardwood trees. A patch of mountain laurel. Shining sumac. May-apples. Ferns. Fallen trees with various fungi. Greenbriar grows in patches of bright shade, and like Virginia Creeper is happy rambling across the ground or climbing into the trees.

The natural state of Virginia is forest. To the exasperation of many a would-be farmer, trees return the minute mowing stops. Cut brush regenerates in a single season. The soil and groundwater determine what trees come in.

At one end of the church the stand of trees is made up of hardwoods, most-



ly oaks. Along the steep, sunny bank mostly smaller trees; here, look for sweet bay magnolias whose shining evergreen leaves make them stand out. No man planted those; they found a nice wet place and moved right in. The creek bends near our social hall-to-be and suddenly loblolly pines take over.

In forestry there is a term for wood-

lands that have been messed with. It's called disturbed forest. It's what happens when man steps in.

So it is with our woods. To bring them back to nature, we had to step in and try to restore the balance. When we came home to 809 S. Military the woods were disturbed; we stepped in to bring them back. Like restoring an old oil painting we had to remove some layers.

Now we are at a point much closer to the original. Here is where we need to slow down and use a lighter touch.

**Barbara is an experienced horticulturist, a member of the Environmental Initiative sub-committee and Grounds Committee, coordinating efforts in the riparian buffer. She has also served as Landscape Coordinator at the Chesapeake Arboretum.**

# Duo 'Playing for Play' on May 18th

Mark your calendars for 7 p.m., Saturday, May 18th for "Together for the Future," a benefit concert of two local artists to raise funds for our children's playground.

Artists Amy Ferebee and Regina Scott Sanford will be "Playing for Play," in our CVUU sanctuary.

They will be joined by Kent Ippolito, side-man extraordinaire. They promise a fun and uplifting evening with plenty of opportunity for audience participation and community singing—a bargain for a small donation toward CVUU's Children's Playground!

Tickets for the show are \$10 and can be purchased on our website or after service on Sundays.

Amy and Regina have appeared together on many occasions. Notably and as commissioned by the Women's Depart-



ment of Tidewater Community College, Amy and Regina created and performed a two-woman historical show called "Shackles and Chains and Ties That Bind" featuring the abolitionists Angelina Grimke and Frances Ellen Watkins Harper.

To purchase online, go to: <http://www.c-vuu.org/together-for-the-future/>



## May Worship:

*We offer a weekly service every Sunday at 10:30 a.m.:*

**May 5** — "Going Forward..." with the Young Adult Group. How can we take the progress we've made as a community and keep pushing forward to create a better world for everyone?

**May 12** — "The Beginning is Near: Saving Mother Earth," with Rev. Justine, Wendi White, and Ralph Grove. We will also celebrate Flower Communion.

**May 19** — "Who are we at our best?" with Rev. Justine Sullivan.

**May 26** — "Memorial Day," with Rev. Justine Sullivan.

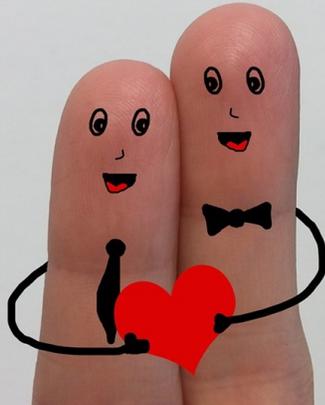
*Our Worship Services weave together our experiences with music, beauty, poetry, and words that both comfort and challenge. Our programs for all ages inspire us, and awaken us to our capacities to make a difference in our own lives and in the world. Connect with us to join in!*

Young Adult Group  
Welcome to all 18+

Social Activities TBA each month  
Spiritual Activities every 4th Thursday 6:30p

To join our emailing list: [valerie.rottink@gmail.com](mailto:valerie.rottink@gmail.com) | Check our Facebook: CVUU Young Adults

**Would you like to host a wedding at our church?**  
**The CVUU building is available for rent.**  
**For information: [office@c-vuu.org](mailto:office@c-vuu.org) or call 757-627-5371.**

**Cont. from page 5**

**\*And for our Sunday morning Discussion Group I wrote:**

Gathered together  
To learn, to discuss, to think.  
Our reason to be.

**\*And finally on an historical note:**

A few years ago Unitarians joined with Universalists

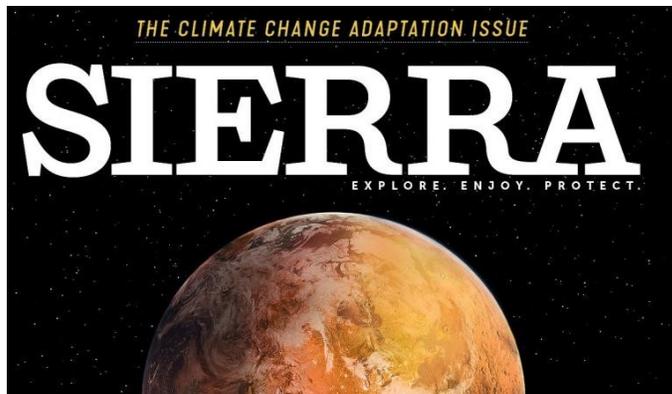
*Harvey Edward Jones is an amateur poet and an avid reader —three books a week! He is also a traveler, congregant of CVUU since 1977 and an active member of our weekly Adult Discussion group. He has served on the board of directors and is currently a member of the Building Council, Worship Services Committee, Arts and Walls Committee and Worship Service Associates. Harvey is in his 80s and still working as a tax accountant.*

## Stanley's "There is No Planet B" a Must Read

**Note:** The following is an excerpt from Kim Robinson Stanley's article, "[There Is No Planet B](#)," published in *Sierra Magazine* in the January/February 2019 edition.

It is up to us to craft the shape of the future. There can be little argument our world is changing fast. Of course, our planet has always changed, and always will change. But now the changes are happening hundreds of times faster than they used to, spurred by humans' actions. The changes are occurring so rapidly that they have forced scientist to come up with a new name for this unprecedented epoch: the Anthropocene, the "human age."

Humans' sweeping transformations of Earth – some of them deliberate, many of them accidental – have put civilization in a precarious position that forces on us existential questions about where we go from here. If we continue to burn ancient carbon, strip the soil, and raze forests, we could be headed for the sixth



great mass extinction event in Earth's history. If we ignore the consequences of manmade changes, then famine, war and pandemics could result from wrecking Earth's life-support systems.

Our challenge then is to imagine harder. Because the world is not an optional investment we can choose to forgo. There is no Planet B. We have to keep this planet healthy, because it's our one and only home, our extended body. Of course, achieving such a future will be a political struggle, pulling together will be hard. But human history is full of examples of how cultural norms and structures can change. Hope resides in the determination, ingenui-

ty and creativity of humans. Pope Francis' Laudato Si states "I urgently appeal, then, for a new dialogue about how we are shaping the future of our planet. We need a conversation which includes everyone, since the environmental challenge we are undergoing, and its human roots, concern and affect us all."

To read the full article, go to: <https://www.sierraclub.org/sierra/2019-1-january-february/feature/there-no-planet-b-kim-stanley-robinson>

*Kim Stanley Robinson is an award-winning author of many science fiction books—New York 2140 and Red Moon and more, but is best known for his Mars trilogy. This article was submitted by Bob Williams of the Green Initiative Committee.*

## CVUU to host livestream GA

This year we plan to bring the Unitarian Universalist Association's General Assembly home to you!



Poet Richard Blanco

What is the UUA General Assembly? General Assembly (GA) is the annual meeting of our Unitarian Universalist Association (UUA).

Attendees worship, witness, learn, connect, and make policy for the Association through democratic process. CVUU member will be able to attend General Assembly remotely in our sanctuary on Friday, June 21st and Saturday, June 22nd via a livestream of the general sessions. These sessions cover the issues and work we will take up as a faith community in the coming year. We'll also watch one or two of the big worship events, and on Saturday, June 22nd, we will watch the Ware Lecture from the night before (the time difference with Spokane makes it difficult to livestream the evening events).

This year's Ware Lecturer is poet Richard Blanco. Selected by President Obama as the 5th inaugural poet in U.S. history, Blanco is the youngest and the first Latino, immigrant, and gay person to serve in such a role. You can find his full bio on the UUA/GA website as well as more information on the event.

Rev. Justine welcomes any questions.

## May Birthdays

Austin Saucer — 5/1; Parker Miles—5/5; Tasha Dockery—5/6; Daniel Fleming—5/8; Kaitlyn Hixson and John Mercogliano—5/9; Matthew Robertson and Stacia Sanders—5/10; Lucy Woodworth—5/11; Charles Cherry—5/12; Nina Prior—5/14; Chloe Pausch and Sandy Tabachnick—5/15; Anne

Marie Curran—5/16; Elizabeth Perry, Cecila Parsons, Norah Keifer and Maia Keeton—5/17; Raiko Dockery, Rhys Keeton and Brian Schiller Myers—5/19; Debbie Meyers—5/20; Hye Jin Uhl, Perry Duncan and Michael Harvey—5/22; Ridgely Lane and Tracy Brune—5/23; Shi Hui Brennan—5/24; Virginia

Harvey and Matt Gri-set—5/26; Remy McKeel—5/27; Amy Ferebee, Amelia Pearce and Anthony Gontarz—5/28; Sharon Salyer—5/29 and Don Beale—5/30.



## CVUU's Beloved Pet of the month!

Hey there, my name is Popeye, and I'd like to tell you my story. It's a bit sad sometimes, but stay with me because I end up having a "glow up", as my human says.

Awhile ago, I had a really mean home. My owners poked out my eye and abandoned me. I was able to push through, because the kind lady next door gave me food and lots of rubbins. Everything was going great, until I got really, really sick. They said my leg and my eye were "infected", and that if they didn't fix me up soon, I would die. It was scary, but I knew there was another kind lady out there somewhere waiting for me, so I pushed through again. For awhile I stayed in this cat hotel, I watched all of my friends leave but never me. Nobody seemed to want me because I had "problems". I never understood that because I couldn't help that I was sick, or old, or had one eye. I was really sweet, I loved pets and licking people. Why would no one pick me?

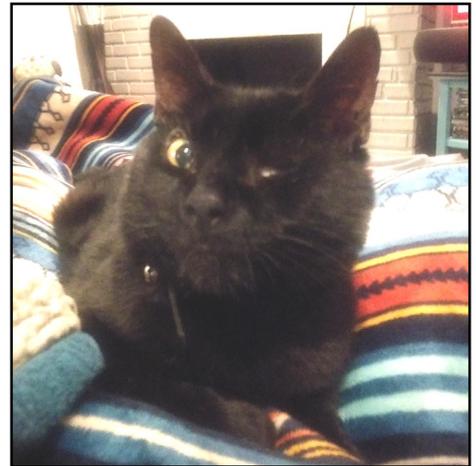
But then, my fate changed one day, this sweet lady called "Jade" came in. I really liked her because she gave me pets. In fact, I liked her so much I made sure she gave *only me* pets, and I gave her lots of kisses. Finally, my charm worked! She picked me! She picked me! She took me home, kept me safe while I



*ate, snuggled me at night, and gave me all the pets! After the weird doctors took my teeth out, I wasn't even in pain anymore! It was amazing!*

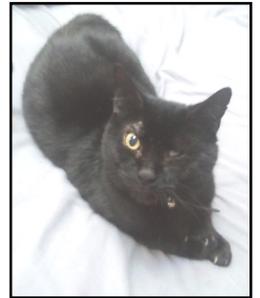
*Once I started feeling really good, I started playing with toys again! And my coat came in all handsome and shiny! I was really the Handsome Man my human said I was.*

*I love my life here with my human, and I know she will love me forever, no matter how many times I attack her feet at night. After everything that's happened, I just want all the cats (and humans!) out there without a place to call home to know that there is a family out there that will love you (and give you treats!). You just have to push through, like me, and your human*



*will come.*

Love,  
Popeye a.k.a.,  
Handsome Man,  
a.k.a. Pops, a.k.a.  
Poperroni, a.k.a.  
Poparazzi, a.k.a.  
Big Boy Best Boy  
a.k.a. ...



**Submitted by Jade Evans, CVUU's newest staff member. Jade is our new sexton and an avid animal rights supporter and former animal shelter caretaker at the VBSPCA. She joined our CVUU family in mid-March.**

## Planning an event? Things to consider:

Send current requests to Susie Gullixson at [office@c-vuu.org](mailto:office@c-vuu.org) or call (757) 627-5371.

When making a request, consider:

- ◆ Room(s) requested, allowing time for setup and takedown!
- ◆ Childcare needs – **Childcare is available Tuesday and Wednesday evenings from 6—9 p.m. and Sunday mornings.** It is the responsibility of each committee or organizer to arrange childcare **directly** with Selene Spelts at [spelts.selene@gmail.com](mailto:spelts.selene@gmail.com) for hours outside of the above times. It is **not** the responsibility of the Office or the DRE. Forward your requests for childcare to at least **four weeks prior to your event.**

- ◆ Contact name (with phone number and/or email address)
  - ◆ Person in charge of locking up, sound setup requiring a sexton
  - ◆ Parking needs (note if 'overflow' parking will be needed)
- Large Print Hymnals** are available at the table in the foyer.  
**Hearing Amplification Headsets** are available at the sound booth in the back of the sanctuary.  
**CDs of the service are available** for borrowing or for \$3 for purchase. Inquire at the sound booth in the sanctuary for CD recordings.
- If you stay late, please double check to see the building is secured!**

The weekly email, The CVUU Courier, is sent out Wednesday at noon.

- ◆ The deadline for the Order of Service newsletter is Wednesday and the deadline for CVUU Courier is Monday at noon.
- ◆ The deadline for the monthly newsletter is the 15<sup>th</sup> of the month. If you would like to place an ad for September your deadline is Aug. 15<sup>th</sup>!

**\*Please Remember,** when advertising events to make sure to include BOTH Susie Gullixson & Tracy Brune. Send your media to [office@c-vuu.org](mailto:office@c-vuu.org) & [communications@c-vuu.org](mailto:communications@c-vuu.org)

For up-to-date news, check out our website: [www.c-vuu.org](http://www.c-vuu.org).