

CVUU Monthly News

ADMIN & COMMUNICATIONS PUBLICATION



Coastal Virginia
Unitarian Universalists

JULY 2018

ISSUE 6

Meet our new CVUU minister

Dear Members and Friends of the Unitarian Church of Norfolk/Coastal Virginia Unitarian Universalists:



I am the Reverend Justine Sullivan. I will be serving as your interim minister, beginning in August

2018. I entered professional ministry after working for 20 years as a social worker and psychotherapist and more recently as a congregational consultant and facilitator. I served as president of my district board (the Clara Barton district in New England) from 2012-2015 and as president of the district presidents association 2014-2015. I graduated from Meadville Lombard Theological School in May of 2017 and was ordained by my home congregation in Northborough, Massachusetts in June of 2017. I

completed my ministerial internship in Chelmsford, MA (a congregation about the same size as yours) and am currently finishing up a one-year interim ministry with a small congregation (110 adult members) in Essex, MA. Essex has just called their new settled minister, who will begin serving in August, freeing me up to come to Norfolk!

Although I am newly ordained, I have been working with congregations and other UU groups and systems for years. My greatest joy is to work with congregations in transition. It will be good to be with you. I know that you have overcome many challenges in the last several years and yet somehow you not only survived, but you managed to raise 2 million dollars and undertake a huge construction project to move your congregation to higher ground! I cannot wait to learn how you did it and to walk alongside of you as you move into what I am

Moving Day has come for CVUU!

The last few weeks have been dominated by work parties and packing with more to come.

Please try to join us from **9 a.m. to noon on Saturday, July 7.**

We will be meeting at 739 to pack the last of the items from UCN. We will then caravan to 809 to unload and prepare the Building for Sunday Service!

We are creating NEW name tags for all Members and Friends of the congregation to reflect our name change from UCN to CVUU. Please stop by the Welcome Table and fill out a request form ASAP.

We encourage everyone to take their old name tag home as a memento of our time here at 839 Yarmouth Street.

We are in the process of switching over our website and social media accounts to CVUU—stay tuned!

sure will be a bright future. I am eager to hear your stories of triumph and tribulation, of struggle and success and to offer my support and guidance as you write the next chapters of your amazing story. I will be moving to the Norfolk area in early August, starting officially on August 12th. I can't wait to meet you! My spouse Dale will stay mostly at our home in Northborough, MA but will come to Norfolk often to spend time with our dog Callie and me. Dale and I have been together almost 32 years and were legally married in 2004. I'll make sure you all get to meet Dale (and Callie who is a rescue dog, evacuated from Texas ahead of Hurricane Harvey). I wish you a restful and joyful summer, and I will see you all soon.

In faith and fellowship,

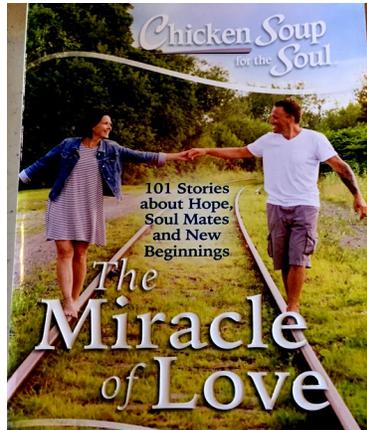
Justine

The Reverend Justine Sullivan

RevJustineSullivan@Gmail.com

508-662-0279

Book signing, safety fair & new adult group!



Marcia Slosser will be signing copies of Chicken Soup for the Soul—101 Stories about Hope, Soul Mates and New Beginnings, after our first service, July 8th at CVUU.

Her short story, "Love Can Be Difficult," was published in the most recent edition of *Chicken Soup for the Soul*.

You can find her story, a touching account of meeting her true love, on page 295. Send an email to

Office@UCNorfolk.org if you are interested in a copy. They are \$15.

A Safety Fair is planned for 10 –2 p.m., Aug. 4 at CVUU.

Allen Perry is organizing the event. We will have a food truck, dunk-a-cop tank and displays from various state and local agencies including the Virginia Beach Police Department.

The event is free and open to the public.

Would you like to help kickstart a new group at CVUU?

We are looking for a team to head up a new Young Adult Group for adults 18 – 35 years old.

We have had some interest from members for participating in a Young Adult Group and we need some folks to take the lead.

Contact Youth Coordinator Paul Greggs at ypc@ucnorfolk.org for details.

WORK PARTY!
Saturday, July 7

The last time we moved Jimmy Carter was president and Elvis was King ... so much has accumulated since then.

Be part of the packing at Yarmouth and the prepping at 809 - watch for details!

***9 – 12 p.m. – dates subject to change!**

Summer RE Program
 June 24 – August 26

CVUU SAFETY FAIR
 809 S. MILITARY HIGHWAY
10 – 2 p.m. Saturday, August 4

FOOD TRUCKS | FUN | GIVEAWAYS | DUNK-A-COP TANK | OPEN TO THE PUBLIC

Coastal Virginia Unitarian Universalists

Summer Series
NUU Beginnings ... Deep Roots

JUNE 24 – SEPTEMBER 2 SUNDAYS 10:30 a.m.

Our new CVUU grounds have been getting a makeover!



Around Hampton Roads

Paddle through restored wetland

Join the non-profit Elizabeth River Project for a guided paddle through the largest restored wetland in Virginia that's open to the public for paddling. Each outing is from 4:30 p.m. to 6:30 p.m. The dates are July 14 and 21, August 5 and 18 and Sept. 22.

They will provide the clear-bottomed kayaks, paddles, life jackets and tour guide. You learn the history and ecology of Paradise Creek Nature Park. No experience necessary. Cost: \$40 per person/\$30 members of Elizabeth River Project. Registration is required. Contact Kat to register: (757)-392-7132, kfish@elizabethriver.org

If you are not yet a member? Join here: <https://elizabethriver.org/membership-and-donor-societies>



Comedy at the Generic Theater

Hand to God is playing through July 15 at the Generic Theater, 215 St. Paul's Blvd. in Norfolk.

Described as "Sesame Street meets The Exorcist" by The New Yorker, this dark comedy follows the God-fearing children of Cypress, Texas who spend their after-school hours practicing Christian Puppet Ministry at the local church. When one devout young boy

discovers that his hand puppet has a life of its own, all hell breaks loose. Literally. In this sidesplitting and lightning-paced comedy, a satanic sock puppet named Tyrone shows the children, minister, and school bully who's really in charge.

Buy tickets at <http://www.generictheater.org/tickets/>

Virginia Symphony kicks off series

Virginia Symphony Orchestra kicks off its summer series Thursday, July 12. VSO Assistant Conductor, Gonzalo Farias, will make his debut performance with the orchestra on opening night of the series. The show will feature the sounds of Disney, and has many special surprises in store for all attendees!

Series dates: July 26, August 9th, 16th, 23rd and September 6th.

CVUU team goes to GA in Kansas City

The CVUU team has gone to Kansas City! Tessa Ellis along with our delegates Pat Ives, Steve Ciganeks, Gwen Towe, and Mindy Squillace attended this year's Unitarian Universalist General Assembly (GA) June 20-24.

They were lucky enough to meet up with our new interim minister, Justin Sullivan, at the conference (pictured right - clockwise are Pat, Gwen and Mindy).

GA is the annual meeting of our Unitarian Universalist Association (UUA). It is a unique opportunity for delegates from member congregations to affirm, promote, and practice the democratic process while conducting the business of the Association.



Attendees worship, witness, learn, connect, and make policy for the Association.

Anyone may attend; congregations must certify annually to send voting delegates.

This year's voting issues covered a wide range of topics including re-

moving gendered language and making all language in the bylaws gender neutral, as well as considering Congregational Study Action Issues on two topics:

Undoing Intersectional White Supremacy and Dismantling Intersectional Oppression.

JULY 2018

For full details go to: <https://www.ucnorfolk.org/calendar/this-month>

Mon	Tue	Wed	Thu	Fri	Sat	Sun
25 3p Sandwich Makers 7p Buddhist Affinity Gro	26 7p Wall & Art Committe	27	28	29	30 4p Paint Nite!	1
2 3p Sandwich Makers	3	4	5 7p Thursday Covenant	6	7	8
9 7p Building Council	10	11	12	13	14 Fred & Donna's Weddir	15
16 3p Sandwich Makers	17	18	19	20	21	22
23 3p Sandwich Makers	24 7p Wall & Art Committe	25	26	27	28	29
30 3p Sandwich Makers	31 7p Membership Commi	1 7p Thursday Covenant	2	3	4 Safety Fair!	5 11:45a Getting to Know

Happy Birthday to our July members!

We have a record number of birth-
days this month. Wishing a very
Happy Birthday to the following
CVUU congregants:

Sandy Ogletree - 7/2; Julie Hurst -
7/4; Mary Gaskill - 7/4; Annelore
Butler - 7/5; Oliver Siegfried - 7/5;
Alyssa Pettway - 7/6; Kathleen Cay-



wood - 7/9; Matilda Siegfried -
7/12; Mia Uhl - 7/12; Doug
Chenault - 7/14; Shawna Peterson -

7/15; Robin Chapman - 7/17; Brett
Siegfried - 7/17; Russell Rohring -
7/20; Maggie Chubb - 7/22; Rosalie
Reeves - 7/24; Tracy Navarra-Davis
- 7/24; Georgette Renz - 7/25; Liz-
zie Moss - 7/25; Brian Daniel -
7/26; Kay Anderson - 7/26; Sophia
Kidd - 7/27; Paula Echols - 7/28;
Clark Mahoney - 7/28; Nic Renz -
7/30; Brenda Chapman - 7/30;
Evander Keaton - 7/31 and Aleisha
McBride - 7/31.

CHAIR YOGA

Mondays at 2 p.m.

All donations from Chair Yoga go to the Green Initiative




Come to our Fair Trade Booth!

We have coffees, chocolates and more ... put your faith into action and make economic choices that promote human rights and help small farmers around the globe!




We provide a nurturing community
We foster courageous spiritual growth
We inspire compassionate action




Adult Discussion

Meets Sundays @ 9 a.m.
discuss philosophical, spiritual, political & religious Issues!

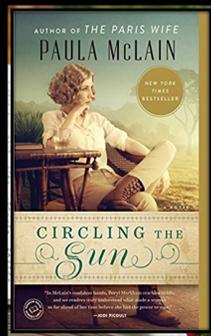



GETTING TO KNOW UU

11:45 AM AUGUST 5TH




Women's Book Club pick for July!

July Worship:

July 1—“Expanding the Circle: UUs Working Towards a Humane Society.” Should UU's commitment to social justice extend to other sentient beings, regardless of species?

Our speaker is Chris Holbein. He and his wife, Angela Conant, were active members in UCN for many years and often miss their UCN family! They'll be visiting from Gaithersburg MD.

July 8—“How Well Fits Your Shell?”

There comes a time in everyone's life when something has to change. Speaker Lee Anne Washington will explore the signs that you are growing spiritually, need to extend beyond your comfort zone -- try something different or get a bigger shell!

Lee Anne has been an attorney, author, and educator for more than 25 years. She is a graduate of the College of William & Mary in Virginia, the University of Virginia Law School, and Union Presbyterian Seminary, where she learned to read biblical Greek and Hebrew. She has just finished her ministerial internship with Rev. Jeanne Pupke at First UU in Richmond, and will appear before the Ministerial Fellowship Committee in September.

July 15—“Overcoming Shame and Guilt:” I am transgender, and I endured many



years of shame and guilt because of it. Even today there are LGBT people who are ashamed of what they are, but LGBT is not the only cause for shame. Gamblers, immigrants, people with mental illness, alcoholics, smokers, and people of color, abuse victims and more are shamed. Unitarian Universalists can offer support and a welcoming community to encourage people to let go of their shame.

Our speaker, Kathleen Caywood, has degrees in English literature and computer science. She retired after 30 years in various computer jobs, and took up the violin which gives her immense satisfaction.

July 22 —“Interpreting the UU 7 Principles: Their Meaning and Purpose in my Life” Unitarian Universalist communities of faith are referenced as gatherings of religious liberals who moralize justice, equity, and compassion in human rela-

tions. This is easy to advocate and reference, but hard to honor and practice. Today, I will share with you my story as a UU since 1969, attempting to live and practice the 7 UU Principles in “my search for truth”.

Our speaker Howard G. Adams is an educator, consultant, and author, Howard was born in 1940, in Pittsylvania County, Virginia. He became a member of UCN in 1969. He is past President of two UU Congregations, Norfolk, VA and South Bend, IN; a former member, Board of Trustees, Meadville/Lombard Theological School, Chicago, IL; and former member, Veatch Foundation UU Small Grants Panel.

July 29— “Being a Good Neighbor.” Being a good neighbor can help us grow. How can we become part of the neighborhood community, not just “that group” located outside the entrance? In what ways can we interact with our neighbors? There will be several suggestions. Hopefully we can make some of them work.

Our speaker, Harvey Edward Jones, has been an active member since 1977. He has served on the Board and worked with several committees and groups during that period. Currently, he would like to work on outreach to college students and to the community through a lively theater program which he hopes to inaugurate in the future.

Planning an event? Things to consider:

Send current requests to Susie Gullixson at office@ucnorfok.org or call (757) 627-5371.

When making a request, consider:

- ◆ Room(s) requested, allowing time for setup and takedown!
- ◆ Childcare needs –**Childcare is available Tuesday and Thursday evenings and Sunday mornings.** It is the responsibility of each committee or organizer to arrange childcare **directly** with Selene Spelts for hours outside of the above times. It is **not** the responsibility of the Office or the DRE, Brian Brennan. Forward your requests for childcare to childcare@ucnorfok.org at least **4 weeks prior to your event.**

- ◆ Contact name (with phone number and/or email address)
- ◆ Person in charge of locking up, sound setup requiring a sexton
- ◆ Parking needs (note if ‘overflow’ parking will be needed)

Large Print Hymnals are available at the table in the foyer.

Hearing Amplification Headsets are available at the sound booth in the back of the sanctuary.

CDs of the service are available for borrowing or for \$3 for purchase. Inquire at the sound booth in the sanctuary for CD recordings.

If you stay late, please double check to see the building is secured!

The weekly email, The Yarmouth Gazette, is sent out on Friday at noon.

- ◆ The deadline for the Order of Service newsletter and Friday email is Wednesday at noon. Please direct your items to office@ucnorfok.org.

NEW!! The deadline for the monthly newsletter is the 15th of the month. If you would like to place an ad for August your deadline is July 15th!

***Please Remember, when advertising events to make sure to include BOTH Susie Gullixson & Tracy Brune.** Send your media to office@ucnorfok.org & comm-coordinator@ucnorfok.org

For up-to-date news, check out our website: www.ucnorfok.org.